Plant-Based Diets for Succulence and Sustainability

Edited by Kathleen May Kevany, Dalhousie University, Canada

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This collection takes an interdisciplinary look at how the transformation towards plant-based diets is becoming more culturally acceptable, economically accessible, technically available, and politically viable and offers strategies for achieving sustainable food systems without having to forgo succulence, sensuality and sacredness of food. This book will be of interest to students and academics, as well as policy professionals in all fields engaging with complex issues and systems analyses. It will be of value to those working in health services, policy development, agriculture, economic development, and social change.

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